

constant, there is no statistical difference between LG, HG, and ripple in terms of pathological brain tissue localization. Examining different frequencies for phase in varied behavioral/sleep states using 12 minute awake segments were used in all 10 patients, localization is best via AUROC when delta is the frequency band used to calculate PAC in Slow Wave Sleep / NREM3. Interictal Epileptiform spiking is seen with much higher regularity, although correlated and seen in the SOZ. A great deal of the associated elevations in wide-spectrum (0.5-30 modulating 65-175Hz) PAC (here defined as >2 SD across the entire 2 hour period and assessed across all channels) occurred with IEDs. Since 3 second segments were used to calculate PAC values, sometimes 2 IEDs were within a single epoch although in a small minority of observations. PAC elevations are seen with IEDs and with HFO, although to a greater extent with spikes. However, some IEDs are not associated with elevations in PAC. In fact most detected IEDs were not associated with elevated PAC values or with HFOs for that matter. A minority of IEDs are associated with elevated PAC values and HFOs. At the group and individual levels the average spike count per patient, grouping all SOZ and non-SOZ electrodes together, there is not a statistically significant effect, but if the average count is taken per electrode within a single patient, a significant difference was noted at $p = .0031$. Subjects on average had 15 (SEM 0.15) electrodes and SOZ electrode counts of 3 (SEM 0.71). When analyzing IED + elevated PAC, grouped SOZ electrodes among patients and within individuals show a strongly significant effect (.0004). When taking into account electrode numbers within each group this significance only increases (.0001). At the individual level, significance of $p < 0.05$ is seen for all but one patient in this cohort.

Conclusion: Sleep Stage is critical in the analysis of pathological brain from non-pathological brain and electrophysiologic biomarkers behave differently in the different behavioral states. Here we found evidence to support his proposition in the following ways: low frequency delta phase modulates a broad high frequency amplitude in N3 and has relevance for brain pathology. Phase-Amplitude Coupling is increased in pathologic tissue. Peaks in PAC occur sporadically and infrequently in these patients. PAC is correlated with Interictal Epileptiform Discharges and High Frequency Oscillations however most Interictal Epileptiform Discharges are unrelated to peaks in Phase-Amplitude Coupling. Low Frequency Activity in Beta-band modulates broad high frequency power across low gamma, high gamma, and ripple bands.

Support (If Any): Neurophysiological mapping and stimulation of the human brain for memory enhancement. Funded by EUO - PIS via BioTechMed Center, Department of Multimedia Systems, Faculty of Electronics, Telecommunication and Informatics, Gdansk University of Technology

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ASSOCIATIONS BETWEEN SUBJECTIVE AND OBJECTIVE SLEEP OUTCOMES AND NIGHTLY PAIN CHANGES IN A CHRONIC PAIN SAMPLE

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Introduction: Patients with chronic pain often experience poor sleep. Research demonstrating the bidirectional nature of the pain/sleep association has focused on interindividual patterns based on between person averages, leaving acute, intraindividual patterns based on night-to-night fluctuations understudied. Because both pain and sleep fluctuate considerably, better understanding of those fluctuations may provide important insight into the pain/sleep relationship.

Here we examine inter- and intraindividual associations between subjective and objective sleep outcomes and nightly pain changes in individuals with chronic pain and sleep complaints.

Methods: Adults with chronic pain and sleep complaints ($n=169$, Mage=52, SD= 12, 95% female) completed 14 days of actigraphy and sleep diaries each morning and evening. Evening diaries recorded pain and sleep medication use (yes/no), and evening pain intensity (0-none, 100-most intense). Actigraphy and morning diaries recorded sleep onset latency (SOL), wake after sleep onset (WASO), total sleep time (TST), and morning pain intensity (0-none, 100-most intense). A nightly pain difference score (morning – evening) was calculated, where positive values indicate worse morning pain relative to previous evening pain. Multi-level models examined the inter- and intraindividual associations between sleep (subjective and objective SOL, WASO, TST) and nightly pain difference scores. Analyses controlled for age, sleep, and pain medication use.

Results: Greater interindividual subjective WASO was associated ($B=0.06$, $SE=0.03$, $p=0.02$) with greater interindividual pain difference scores. Other interindividual sleep outcomes (subjective and objective) were not significantly associated with interindividual pain difference scores. There were no associations between sleep outcomes (subjective and objective) and pain difference scores at the intraindividual level.

Conclusion: Findings show sleep and pain were not linked at the daily, intraindividual level. However, on average, greater WASO was linked with worse morning relative to evening pain. Thus, although a single night of poor sleep may not impact pain, the buildup of fragmented sleep over time may interfere with restorative properties of sleep and exacerbate morning pain. Future work should investigate mechanisms underlying sleep fragmentation (e.g., sleep architecture, physiological arousal) and how such factors relate to nightly pain changes.

Support (If Any): NIH/NIAMS R01AR055160, ClinicalTrials-NCT02001077, PI McCrae.

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RELIABILITY OF HEART RATE VARIABILITY DURING STABLE AND DISRUPTED POLYSOMNOGRAPHIC SLEEP

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Introduction: Heart rate variability (HRV) is a common metric to estimate autonomic activity during sleep. Frequency-domain HRV is quantified as low (LF) and high (HF) frequency, whereas HRV time-domain indices include root mean square of successive R-R interval differences (RMSSD), and percentage of successive R-R intervals differing by more than 50ms (pNN50). Despite high HRV use during sleep, it is unknown whether sleep disturbance changes overall reliability of frequency- and time-domain HRV. The purpose of this present study was to determine whether HRV was reliable across arousal-free and arousal-containing periods of sleep.

Methods: Twenty-seven participants (11 male, 16 female, 26 ± 1 years, 27 ± 1 kg/m²) were given an 8-hour sleep opportunity, equipped with continuous two-lead electrocardiography (ECG) and overnight polysomnography (PSG). The ECG recordings were analyzed via fast-Fourier transformation for frequency-domain HRV in a custom software as LF (0.04-0.15 Hz) and HF (0.15-0.4 Hz) HRV. Time-domain HRV was