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Sleep Medicine

journal homepage: www.elsevier.com/locate/sleep

Awards for outstanding research in sleep medicine

Under the auspices of the World Sleep Society (WSS), Elsevier has established two scientific awards for young basic and clinical sleep specialists in honor of Christian Guilleminault and Elio Lugaresi, respectively. The awards are a tribute to Dr. Guilleminault's and Dr. Lugaresi's contributions to establish the field of Sleep Medicine, its journal and its Society.

Over a period of 12 months, 1 July 2020 - 30th June 2021, the journal conducted a competition to identify the best submissions to *Sleep Medicine* in the two categories, sleep medicine and sleep research.

The Awards Selection Committee assessed submissions in these two areas, and after due deliberation selected papers of high standard.

The Committee's recommendations have been endorsed by the WSS. It gives me great pleasure to announce on behalf of the WSS and Elsevier that the winners of the \$US1,000 prizes are:

1. Elio Lugaresi award for sleep medicine

Do symptoms of depression, anxiety or stress impair the effectiveness of cognitive behavioural therapy for insomnia? A chart-review of 455 patients with chronic insomnia.

Alexander Sweetman et al. *Sleep Medicine*. Volume 75, November 2020, Pages 401–410.

2. Christian Guilleminault award for sleep research

Machine learning sleep duration classification in Preschoolers using waist-worn ActiGraphs.

Nicholas Kuzik et al. *Sleep Medicine*. Volume 78, February 2021, Pages 141-148.

On behalf of the Journal Editors, the Awards Selection Committee, the WSS and the Publisher I wish to congratulate the winners most warmly and thank the other unsuccessful entries which made the judging decisions extremely difficult.

Antonio Culebras MD, FAAN, FAHA, FAASM

Chair, Selection Committee

2022 Sleep Medicine Scientific Awards

Extra: [Video Presentation by Professor Antonio Culebras.](#)