

Restless Legs Syndrome, Iron Deficiency and Colon Cancer

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To the editor:

In response to Doctor Parish's very interesting sleep medicine pearl, entitled "I can't sleep at night," An unusual case of insomnia.¹ I would like to take this opportunity to make these comments.

Ekbom, himself described RLS as overlooked.²

Norlander in 1953, made the relationship between iron deficiency and RLS, in his open – label study of 22 patients.²

Also in the American Academy of Neurology Annual Meeting in April 2004 conducted in Denver, Professor Martin Samuels, in his course "Borderlines of Neurology and Internal Medicine" provides an excellent teaching case describing a similar case, of RLS caused by colon cancer.

REFERENCES

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2. Chaudhuri K. Ray, Meilak C. What is restless leg syndrome? In: Chaudhuri K. Ray, Odin P, Olanow C.W. eds. *Restless Leg Syndrome*. London and New York: Taylor & Francis, 2004: 4-5.

Disclosure Statement

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