

EDITORIALS

Savor the old, ring in the new decade

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As we've recently completed our 15th year of continuous publication, I find myself reflecting on the progress made by the *Journal of Clinical Sleep Medicine* (JCSM) in the past and its bright future ahead.¹ It started as a quarterly publication in 2005 and progressed to a monthly by 2013. Over the years, submissions to the journal have continued to climb, and we now field over 700 manuscripts annually. With the rise in submissions, our acceptance rate for original manuscripts has fallen from over 50%, 11 years ago, to less than 30% now. This past calendar year (2019) the journal had 835,000 page views, up 18% from 2018 (708,000 page views).

None of these gains would have been possible without the efforts of the AASM staff, specifically Rosanne Money, Jon Wendling and Thomas Heffron. Additionally, the AASM board of directors has been very supportive and generous with their assistance—recently approving merit-based honoraria for the associate editors and website upgrades, while also hiring a publishing firm to assist with journal production. Another group needing recognition for the journal's success are the associate editors and the editorial board. I am indeed fortunate to have a stellar group of associate editors from diverse backgrounds who are integral to managing manuscripts, assisting on manuscript decisions, and providing guidance to the journal's direction. Our editorial board provides the lion's share of reviews for the journal using their unique expertise to give thoughtful feedback to authors.

As editor, I have tried to stick to the ideals that the AASM board and Dr. Stuart Quan developed at the outset.² As noted in Dr. Quan's first editorial in JCSM, this journal was developed to focus on "applied sleep science and sleep medicine."³ I strive to keep the journal an important resource that sleep medicine clinicians can use to enhance the care they provide for their patients. The journal's content remains similar to what appeared in the journal when Dr. Quan and the AASM launched this title—original scientific investigations, case reports, thoughtful commentaries, and reviews. In addition, the journal is home to the official position statements of the AASM and clinical practice guidelines developed by AASM task forces who work under the direction of the AASM board of directors.

More recently, I have made some additions to enhance the journal. We've accepted papers that examine sleep medicine practices in other parts of the world in our Global Practice of Sleep Medicine section, and our Emerging Technologies section contains articles that explore new technologies coming into

the sleep market. A special kudos to Dr. Lee Brown from the University of New Mexico who has done an outstanding job managing the Emerging Technologies section.

In an effort to expose physicians-in-training to writing, reviewing and editing for a scientific journal, we started REM: A Publication for Residents and Fellows in 2017. The section has its own editorial board made of physicians-in-training who both solicit and assist in reviewing and managing submissions from their peers. REM articles are to be written and reviewed by medical students, residents, fellows or those who have recently completed a fellowship program. This section is also assisted by two associate editors, Drs. Cathy Goldstein from the University of Michigan and Madeleine Grigg-Damberger from the University of New Mexico, who assist the REM editorial board in manuscript decisions—a big thanks to their support! In our first 2 years, we have received 21 submissions to the REM section, of which 12 have been accepted for publication. This year we will be transitioning some of our REM editorial staff and staggering terms so that more residents, fellows and medical students can rotate on and gain this valuable experience. A special thanks to those who have served over these past 2 years: REM Editor-in-Chief Dr. Jennifer Marsella; and REM Associate Editors Drs. Iliia Kritikou, MD; Anand Bhat, MD; Anuja Bandyopadhyay, MBBS; and Vaishnavi Kundel, MD. Please be on the lookout for an announcement soon regarding applications for new REM editorial board members.

I am grateful that the AASM board has asked me to serve for another 5 years at the helm as Editor-in-Chief. It is a privilege to serve as Editor-in-Chief and one that I am proud and happy to continue. I am excited to see what the next decade brings in sleep science and technology, global acceptance of sleep medicine as a specialty, and the attraction to the field of the next generation of sleep medicine specialists. The editorial staff at the AASM, the AASM board of directors, the JCSM editorial board members, associate editors and I will continue to work hard to provide the best research and scientific information in JCSM to help sleep medicine clinicians care for patients with sleep disorders.

CITATION

Collop NA. Savor the old, ring in the new decade. *J Clin Sleep Med*. 2020;16(3):339–340.

REFERENCES

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2. Collop NA. Thanks to Dr. Quan and the next chapter for JCSM. *J Clin Sleep Med*. 2015;11(1):5.
3. Quan SF. Now we begin. *J Clin Sleep Med*. 2005;1(1):10.

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