

LETTERS TO THE EDITOR

Misunderstood about Obesity, Sleep Apnea and Metabolic Syndrome in Adolescents

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With great interest we read and needed a correction in a recent research article entitled “Short sleep duration as a risk factor for obesity in Kuwaiti children.”¹ This article noticed that “the relation between OSA and obesity in adolescents might be negative in some populations” by giving reference to our study published in your journal. But we stated that although obesity is an independent risk factor for obstructive sleep apnea (OSA) syndrome, metabolic syndrome isn’t associated with OSA.² Alqaderi et al. misunderstood our study and wrongly noted relation between OSA and obesity instead of OSA and metabolic syndrome.

CITATION

Erdim I, Akcay T, Yildiz M. Misunderstood about obesity, sleep apnea and metabolic syndrome in adolescents. *J Clin Sleep Med* 2016;12(6):935.

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DISCLOSURE STATEMENT

Authors have indicated no financial conflicts of interest.